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# Soul Fruit: Bearing Blessings Through Cancer



## **Synopsis**

Soul Fruit is an honest account of a pastor and family's battle with cancer. While, Scott's life was changed through a bright and healing encounter with the living Savior, he writes to share how "Soul Fruit" (the fruit of God's Spirit) is grown in the midst of life's adversity. Placing faith in God and coming to know Jesus Christ helped him. In addition to Scott's battle with cancer, their son Thom had his own fight with life-threatening cancer. Also, he has had other family members die while battling cancer, so this is not a story of only healing. There is pain and heartache. This story is one of courage, faith, and grace. This book is an encouragement for those who fight cancer, or support family or friends with cancer. Read this whether or not you are involved with cancer, it will bless your heart with insight, hope and a deeper faith in God. Scott is Senior Pastor of First Baptist Church of Bedford, Massachusetts. Marilyn Arnold is a registered nurse with years of intensive experience. Scott and their son Thom are both cancer survivors. Dr. Scott Arnold and his wife Marilyn Arnold and their family have gone through many challenges, and yet have experienced the fruit of God's blessing, even while facing cancer multiple times. Scott tells their story and reflects on the sufficiency of God's grace. Twelve years after his diagnosis, he is still in remission and ministering to those battling cancer and other illnesses. People come thousands of miles to talk with Scott and he still rejoices in the touch of his Savior who gave him more time to share God's grace and word of life.

## **Book Information**

Paperback: 208 pages

Publisher: CreateSpace Independent Publishing Platform (March 5, 2009)

Language: English

ISBN-10: 1441473351

ISBN-13: 978-1441473356

Product Dimensions: 5.5 x 0.5 x 8.5 inches

Shipping Weight: 11.7 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 5 customer reviews

Best Sellers Rank: #4,977,059 in Books (See Top 100 in Books) #94 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Lymphatic #26864 in Books > Christian Books & Bibles > Christian Living > Inspirational #783528 in Books > Religion & Spirituality

## **Customer Reviews**

Dr. Scott Arnold is Senior Pastor of First Baptist Church in Bedford, Massachusetts (right outside of Boston). He has been a chaplain for a Cancer Center, and has been an ordained minister for over 30 years. Scott loves to fish, travel, write songs, read books on many topics, create art, poetry, and play guitar. Currently has written a book "Prelude, the Kingdom of God". He has authored curriculum on discipleship for small groups and churches. He wrote a book on Spiritual Gifts called "SHINE, A Celebration of Spiritual Gifts." He wrote an introduction to being a Christian called "Come Follow Jesus". More books are in the works. Dr. Arnold has been an ordained American Baptist Minister for over 31 years. He has served in pastoral ministry during these years in Chicago, Boston, Providence, R.I.; Battle Creek, Michigan; Grand Blanc, Michigan; Quincy, Michigan; and now in Bedford, Massachusetts. He also serves on the Journey Team of the American Baptist Churches, USA.. Scott is available for speaking and consultation. 810-348-1382. Dr. Arnold is a graduate of Michigan State University in Urban Planning. He has a Masters of Divinity from Northern Baptist Theological Seminary, is a graduate of the Seminary Consortium for Urban Pastoral Education in Chicago, and has a Doctor of Ministry in Discipleship from Luther Rice University in Lithonia, Georgia.

I love this book. It is very explicit with the details of Rev. Scott's experience and his son's cancer. God presence is truly all in this book. I would recommend it to those who have cancer and those who do not. I'm not a cancer patient. But, I had the opportunity of meeting Dr. Rev. Scott in Pasadena, California and he gave me a free copy. Since, I have bought at least eight and given them to those whom God puts on my heart. Praise God! Rev. Cynthia Correia

Dr. Scott Arnold has faced cancer from every side. His father and brother died from it. He and his son have had serious cases and are in remission. This is not abstract or philosophical; it is deeply personal and practical. Arnold relates the ups and downs of his own battle with cancer, followed shortly thereafter by those of his own teenage son. Deep insights -- personal, practical, spiritual -- permeate the pages of the book. Between poignant narrative of his own family's battles with cancer, as well as many of those to whom he has ministered as a pastor, Arnold relates the profound lessons he and others have learned from their battles; how they have actually been blessed and have grown through their struggles; how God has used suffering to transform lives with the "soul fruit" of faith, hope, love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control; how God's promise of "rest" is not cheap grace, it is won through the battle against sin and in the crucible of suffering -- just as Christ's death and resurrection won the battle against sin

and death.

Soul Fruit is an inspiring account of one man and his family facing the threat of cancer with genuine faith. As the author's brother I know I am more than a little biased, but I also know firsthand that this book is true and so honestly "Scott" - no phoniness or pretense. Scott's heart and creative writing skill are combined to take you through our family's journey with the goal of helping yours. Cancer is much like the "valley of the shadow of death" that David writes about in the 23rd Psalm. In this book, Scott guides you through this valley and shares great insights about God's presence. On page 30, Scott writes "God's grace is not to be seen always as a matter of rest, sometimes the grace of God is difficult, calling for alertness for the battles we face." There is much comfort, guidance, grace, and celebrations of victory in this book. Buy it for that person you know struggling to find faith and the way through the dark valleys of illness.

Soul Fruit, Bearing Blessings Through Cancer is a beautifully written book that brings hope and faith through the courage and experiences of Dr. Arnold. Dr. Arnold leads the reader through ways of developing faith through scripture and a closer relationship with Jesus Christ that will help to get a person through difficult times. This book could be a healing tool for those going through cancer as well as support for family and friends. Soul Fruit truly will be a gift to those who read it.

I found this book to be inspirational and enlightening. I am a prostate cancer survivor myself, so can relate to his initial shock and concerns over the treatment and eventual outcome of being faced with this disease. Some of the biblical content was over my head, but Scott does a good job of breaking it down in smaller doses as they applied to his treatment. This helps the reader to more easily understand his professional approach as a doctoral preacher.

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